

Washington State Association of School Psychologists

Navigating the Special Education Process: A Step-By-Step Guide

Identifying Need for Intervention: Based on class performance and district assessments Interventions given in class or separate instruction Interventions adapted if student doesn't improve

Making a Referral:

Team member, including family, concerns lead to referral for special education Referral based on intervention non-response or other indications Suspected disability necessary for referral

Referral Phase:

School has 25 school days to determine if a student will be evaluated after the receipt of a referral

Referral is legally required to be in writing, but many teams will accept verbal referrals

The district must notify parents of the decision, many teams will include parents in this decision, but that is not required

Evaluation Phase:

School has 35 school days to complete the evaluation from the date of consent Written parent consent is required for evaluation

Team decides evaluation areas and must cover all suspected areas of concern

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Determining Eligibility:

Team decides eligibility based on evaluation data
Whole team including parents participates
Process available if you disagree with all or part of results

Individualize d Education Plan (IEP):

Eligibility is followed by creating an IEP within 30 calendar days

Full-time public school students accept all recommended services when they
consent to placement in special education at the IEP meeting

Partially enrolled students can decline specific services

Crafting the IEP:

IEP meeting separate from evaluation for thoughtful decisions
Families are valued members of IEP team and participate in crafting plan
Students should participate in the IEP process as much as able
A draft IEP may be shared beforehand for parent consideration
IEP identifies service start date, often shortly after the meeting, to include ensure family input

Ongoing Support:

Expect evaluations every three years and annual IEP meetings
IEP meetings may follow re-evaluation, should be clearly communicated
Evaluations can be completed more frequently if needed
Family can always request additional meetings for IEP; for example to consider additional evaluation, if goals are met early, or if needs change